



Association of Anaesthetists

Online Seminar: Medical hypnosis

Tuesday 1 February 2022

09:00 – 13:00 (log in available from 08:45)

Organiser: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

Chair: Dr Friedrich Lersch, Bern University Hospital, Switzerland

Session 1

- 09:00** **Hypnosis and communication for the anaesthetist**
Dr Simon Tunstill, Reading
- 09:30** **Practical Demonstration -How to induce a simple hypnotic trance and generate imagery**
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University
- 10:00** **Hypnosis in anaesthesia - practical applications and current evidence**
Dr Paul Slater, Northampton
- 10:30** **Comfort break**

Session 2

- 10:45** **Hypnosis in paediatrics and obstetrics**
Dr Allan Cyna, Adelaide, Australia
- 11:15** **Hypnosis for pain management**
Dr Caron Moores, Liverpool
- 11:45** **Needle phobia**
Dr Allan Cyna, Adelaide, Australia
- 12:30** **Questions and answers**
- 12:45** **Self hypnosis**
Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham City University
- 13:00** **Close meeting**